



Caythorpe Court

Monday 14th – Friday 18th September

Lincolnshire, Caythorpe Court

Everything you need for an unforgettable adventure in the East Midlands

Enquire Now

[School and Group Trips | PGL Travel Group](#)



Why PGL?

- We have been visiting PGL for over 10 years
- Opportunity for children to develop independence and find out more about themselves
- Experience a new environment and routine
- Challenge themselves, taking safe risks
- Great fun!
- Develop their team-work skills
- Chance to foster stronger working relationships with their peers and with members of staff.



Welcome to PGL

- The UK's largest provider of outdoor education for young people
- Over 55 years' experience
- Fully risk assessed, including Covid policy and procedures
- LOTC Quality Badge holder
- Founding member of BAPA
- ABTA bonded





About Caythorpe Court

In the heart of the countryside, just north of Grantham, the beautiful grounds at Caythorpe are packed full of adventures on land and water, designed to inspire, motivate and challenge. Whether it's a leap for the trapeze bar or a team canoeing challenge, the activities at Caythorpe Court encourage each individual to enjoy learning something new.

There are great facilities too, including a sports hall, a lake for watersports, playing fields and plenty of classroom space.



Typical day

0700 Wake up

0815 Breakfast

0900-1030 Activity 1

1030 BREAK

1045 - 1215 Activity 2

1215 LUNCH

1345 - 1515 Activity 3

1530 - 1700 Activity 4

1730 DINNER

1900 - 2100 Evening
activity

2130 Bed (lights out
2200)



Evening entertainment

- Campfire
- Silent Disco
- Balloon Splash
- PGL Games

Indoor Accommodation





Indoor Accommodation

Dormitory-style rooms in accommodation blocks

We will be staying in an accommodation blocks, with cosy and clean dormitory-style rooms. Children stay in bunk beds, sleeping 4-6 per room, complete with en suite bathrooms.





Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar and fresh fruit with every meal
- Vegetarian option and support for fussy eaters
- Allergies, intolerances and special diets catered for -
- please let us know details asap
- Sample menus available online: www.pgl.co.uk



Aqua Beach Surf Wet



Subea



Lightweight Anti-



Junior Boys Aqua

- What to take? - *kit list has been emailed to you. Please name everything!*
- They **MUST** have a **WATERPROOF** coat we will be outside even if it is very wet.
- Aqua shoes or old trainers that you don't mind them getting wet for raft building/canoeing - these cannot be wellies or crocs or flip flops. These wet shoes must be in addition to trainers for non- wet activities.
- No large suitcases - only medium sized holdalls or small to medium suitcases - the children **MUST BE ABLE TO CARRY** their own bags to the rooms - this can be up two-three flights of stairs!



FAQs - What time is departure?

We will leave school at 9.30am. Children should come in at the normal time. Children will need to bring their luggage to the art room on their way into school at the usual time school starts and will then do activities in class before we leave. They will also need a packed lunch which we will eat when we arrive at PGL before the activities commence.



Do the children pick who they are in a group with?

We do ask the children who they would like to be with and try our best to ensure they are with at least one of their friends. We will also make sure they have friends in their room.



Which staff will go? Mr McIlroy, Mrs Stevens, Miss Harman, Mrs Hall, Mrs Brugier, Mrs Thomson, Mrs Brugier, Mrs Wardle, Mrs Brown

- Will you hear from the children? Class Dojo & Instagram (when possible) will be updated throughout the stay but the children will not be able to contact you.

Staff have a list of parent numbers to call in an emergency and you can contact school.



- Will the children visit the shop? We have an allocated time to visit the shop. £10 pocket money can be brought - ideally in change, not a note.
- Can children bring snacks/ food? No



- Can the children bring their own mobiles and cameras? No electrical items to be brought (including mobile phones). Some children like to bring a disposable camera - this is fine.



- What time will we return? We expect to be home at 5pm but this is dependent on traffic. We are, however, travelling on a Friday night! We will update you should this change.



What happens if my child needs medication?

Any medication, whether over the counter or prescribed, needs a medical form. These are available at the back after this meeting. Please bring in a clear bag labelled with your child's name, complete a form on Monday and give to a member of staff on the morning that we leave.



- Will we celebrate pupil birthdays? Of course! Please let us know any happening that week.



- My child or I have particular concerns? Please do speak to us. We will be around after this session and contactable every day before we go.
- My child has dietary needs? PGL are very accommodating and will make extra effort to ensure children do not go hungry. Please make us aware of any dietary needs.
- Will they need a sleeping bag? Yes, and a pillow too please. They may also like a small teddy.



Thank you for listening.

There will be an opportunity to speak to any of the staff after this meeting. A kit list has been sent out and will be emailed again tomorrow to you with this Powerpoint.